Adult Sizing Guide

## STOP

PRINTERS LIKE TO SHRINK STUFF! Be sure to check the scale of this page with a real ruler before measuring feet.

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1. Use a ruler and make sure it matches exactly with the scale on the left. If this page was not printed to scale (e.g., if your print settings were set to "Fit to Printable Area"), then you may end up with the wrong shoe size. There should be no more than 1 mm margin of error at the end of the scale.
2. Fold the lower left corner along the dotted line. Place the paper on the floor with this edge touching a wall. Use a room with a hard floor, not carpet, and avoid floor moldling that will push the paper away from the wall. Tape the paper to the floor.
3. Stand on the paper with the back of your bare foot barely touching the wall. Your foot should be perpendicular to the wall and your weight should be down on this foot.
4. Note the first line your longest toe does not cover or touch. This is your recommended Soft Star shoe size. In this example, the foot measures size 10U:


Please be aware that sizing can vary for personal preference. Ifyou are close to two sizes, consider whether you prefer shoes to fit snugly or loosely.

